

Summer Menu. Roundswell Community Primary Academy
 Week One – 25 April, 23 May, 27 June

Day	Main lunch option	Vegetarian option	Potato/pasta Rice/bread	Jacket potato filling	Wrap (C) filling Served with salad and plain crisps	Dessert
Monday	Pork sausage (C)	Vegan sausage (C)	Potato waffle	Tuna (F) Cheese (M) Baked beans	Ham Cheese (M) Tuna (F) Vegan cheese	Fresh fruit & Biscuit (C)
Tuesday	Roast chicken. Stuffing (C) Gravy (C, CY)	Vegan Quorn fillet Gravy (C, CY)	Roast potatoes	Tuna (F) Cheese (M) Baked beans	Tuna (F) Hummus (SM) Cheese (M) Vegan cheese	Chocolate Mousse (M) Chocolate Soya Dessert (SY)
Wednesday	Cheese and tomato pizza (M,C)	Vegan pizza (C)	Potato wedges	Tuna (F) Cheese (M) Baked beans	Ham Cheese (M) Tuna (F) Vegan Cheese	Vanilla ice cream (M) Or Vegan ice cream
Thursday	BRUNCH. Sausage (C) bacon Egg (scrambled) (E)	Veggie brunch Sausage (C) tomato, Egg (scrambled) (E)	Hash brown (C)	Tuna (F) Cheese (M) Baked beans	Cheese (M) Tuna (F) Hummus (SM) Vegan cheese	Fruit Yogurt (M) Soya dessert (SY) Or Biscuit (C)
Friday	Fishcake (F,C)	Mozzarella Sticks (M,C) Vegan veggie nuggets (C)	Chips	Baked beans Tuna (F) Cheese (M)	Cheese (M) Tuna (F) Ham Vegan cheese	Flapjack (C)

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C = Gluten or wheat

M = Milk

Sy = Soya

Cy= Celery

F = Fish

E = Eggs

All cakes and biscuits are suitable for dairy free and vegetarian diets. Home made egg free cakes are also substituted for children with an egg intolerance or allergy.